

8 Ideas for making new connections

1. Social and Hobby Clubs

- **Book Clubs:** Join a local book club or online reading group.
- **Sports Teams:** Participate in community sports teams (football, basketball, tennis).
- **Fitness Classes:** Join a gym or sign up for group fitness classes such as yoga or pilates.
- **Art Classes:** Take painting, drawing, or pottery classes.
- **Cooking Classes:** Learn new recipes and cooking techniques while meeting food lovers.

2. Professional and Networking Groups

- **Industry Meetups:** Attend conferences related to your profession to network and share ideas.
- **Coworking Spaces:** Engage with other professionals in coworking spaces and participate in their events and workshops.

3. Volunteer Organisations

- **Nonprofits:** Volunteer at a local charity/ charity shop to meet like-minded individuals.

4. Online Communities

- **Social Media Groups:** Search for online communities that align with your interests.
- **Language Exchange Platforms:** Practise languages and connect with people from around the world.
- **Gaming Communities:** Join online gaming communities to play and chat with other gamers.

5. Educational and Learning Groups

- **Study Groups:** Form or join study groups if you're a student or taking a course.
- **Workshops and Seminars:** Attend workshops or seminars on topics that interest you.

6. Cultural Clubs

- **Dining Clubs:** Join supper clubs or dining groups that explore different cuisines.
- **Travel Groups:** Join travel clubs or groups that organise trips and adventures.

7. Local Community Centers and Libraries

- **Community Centre Events:** Participate in activities and events organised by your local community centre.
- **Library Programs:** Attend reading hours, workshops, or discussion groups at your local library.

8. Outdoor and Adventure Groups

- **Hiking Clubs:** Join outdoor adventure groups to explore nature.
- **Cycling Groups:** Participate in group rides and cycling events.

